

## SELF-ASSESSMENT

NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ DATE: \_\_\_\_\_

What brings you in today? \_\_\_\_\_

**Select which areas of the face concern you on the diagram below.**

By sharing how you see yourself, we can best evaluate your aesthetic goals and select an appropriate treatment for you.

☐ Protruding ears

☐ Skin appearance and texture (brown spots)

☐ Hair Loss

☐ Frown lines

☐ Crow's feet

☐ Inadequate or not enough lashes or eyebrows

☐ Flattened cheeks

☐ Nose

☐ Lines and wrinkles around the nose and mouth

☐ Thin lips

☐ Fullness between the neck and chin ("double chin") or jowls and neck laxity

☐ Sagging brows and/or eyelids

**UPPER FACE**

**MIDFACE**

**LOWER FACE (NECK/CHIN)**

Please complete and return this form to the front office before your consultation.

Full Legal Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Date of Birth \_\_\_\_\_ Social Security Number \_\_\_\_-\_\_\_\_-\_\_\_\_

Email Address \_\_\_\_\_ Married \_ Divorced \_ Single \_ Other \_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone Number \_\_\_\_\_ Mobile Phone Number \_\_\_\_\_

Is it ok if we contact you by:      Email      Mobile Phone      Home Phone      Mail

Emergency Contact \_\_\_\_\_ Phone Number \_\_\_\_\_

Are there restrictions on contacting you? Y N

If yes, explain \_\_\_\_\_

### **Insurance Information**

Primary Insurance \_\_\_\_\_ Policy/Group Number \_\_\_\_\_

Insured's Name \_\_\_\_\_ Relationship to Patient \_\_\_\_\_

Secondary Insurance \_\_\_\_\_ Policy/Group Number \_\_\_\_\_

Insured's Name \_\_\_\_\_ Relationship to Patient \_\_\_\_\_

### **Referring Physician & Other Information**

Referring Physician \_\_\_\_\_ Phone Number \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ Phone Number \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Primary Reason for Visit \_\_\_\_\_

I would like to learn more about:

☐ Skin Care and/or Products

☐ Other Cosmetic Procedures: \_\_\_\_\_

☐ Other Aesthetic Procedures: \_\_\_\_\_

**\*AUTHORIZATION:** I hereby authorize the physician to furnish information to insurance carriers concerning this illness/accident, and I hereby irrevocably assign to the doctor all payments for medical services rendered. I understand that I am financially responsible for all charges whether or not covered by insurance. A copy of this authorization shall be considered as valid as the original.

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_

Patient Name \_\_\_\_\_

## Patient History

Describe your overall health: ☐ Excellent ☐ Good ☐ Fair ☐ Poor

Are you presently being treated for any medical conditions? Yes No

If yes, please list: \_\_\_\_\_

Are you taking any medications, herbals or home remedies? Yes No

If yes, please list: \_\_\_\_\_

Are you taking any medications, used topically, including Retin-A? Yes No

If yes, please list: \_\_\_\_\_

Have you taken any steroid preparations over the past year? Yes No

If yes, please list: \_\_\_\_\_

Are you taking aspirin, blood thinners, or Vitamin E? Yes No

If yes, please list: \_\_\_\_\_

### Eye:

Visual loss (one or both eyes)	Yes	No	Cornea Problems	Yes	No
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Itching or irritation of eyes	Yes	No	Thyroid eye disease	Yes	No
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Blurred or Double Vision	Yes	No	Glasses/Contacts	Yes	No
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Previous eye or eyelid surgery	Yes	No	"Dry Eyes"	Yes	No
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Details/Type of Surgery: \_\_\_\_\_

### Nose:

Difficulty breathing through nose	Yes	No	Nasal Allergies	Yes	No
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Nose Bleeds	Yes	No	Sinus Conditions	Yes	No
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Previous nasal or sinus surgery	Yes	No
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Details/Type of surgery: \_\_\_\_\_

### Face:

Irradiation to face or neck	Yes	No	Facial Skin Problems	Yes	No
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Facial Paralysis or weakness	Yes	No
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Previous face or neck surgery	Yes	No
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Details/Type of Surgery: \_\_\_\_\_

**Patient Name** \_\_\_\_\_

**Cardiovascular:**

Hypertension	Yes	No	Heart Disease	Yes	No
Congenital Heart disease	Yes	No	Heart Murmur	Yes	No
Palpitations/irregular heart beat	Yes	No	Stroke	Yes	No
<b>Previous heart surgery</b>	Yes	No			

**Details/Type of surgery:** \_\_\_\_\_

**Chest:**

Shortness of breath	Yes	No	Chronic Lung disease	Yes	No
Chronic Cough	Yes	No	Asthma	Yes	No

**Psychiatric:**

Have you ever received psychiatric treatment	Yes	No
If yes, were you hospitalized	Yes	No
Have you ever been diagnosed with a eating disorder (anorexia, bulimia)?	Yes	No

**Additional Details** \_\_\_\_\_

**Other:**

Liver disorder: hepatitis/cirrhosis	Yes	No	Kidney disease	Yes	No
Spinal/back disorder	Yes	No	Bladder disorder or chronic infections	Yes	No
Previous blood clots or Thrombophlebitis	Yes	No	Diabetes	Yes	No
Blood trnsfusion	Yes	No	Cancer	Yes	No
Unusual scarring or keloids	Yes	No	Cold sores/herpes	Yes	No
Auto-immune disease (Lupus, rheumatoid arthritis, etc.)	Yes	No	Currently pregnant?	Yes	No
History of sleep apnea?	Yes	No	HIV positive	Yes	No

**Additional Details:** \_\_\_\_\_

**Allergies:**

Tape Allergy?	Yes	No
Drug Allergy?	Yes	No
If yes, please list:		

**Social:**

Do you smoke? Yes No  
If yes, how much? \_\_\_\_\_

Do you drink more than two (2) alcoholic Beverages a day? Yes No If yes, how many? \_\_\_\_\_

**Patient Name** \_\_\_\_\_

**Personal:**

Do you get 8 hours of sleep a night?                      Yes    No

Have you experienced menopause?                      Yes    No

Are you currently pregnant or lactating?                      Yes    No

Daily water intake \_\_\_\_\_

Daily caffeine intake \_\_\_\_\_

**Hair color:**    Blonde    Red              Light Brown    Brown              Black              Gray

**Eye color:**    Blue              Green              Hazel              Brown              Black

**Skin Tone:**    Pink    Olive              Native American    Hispanic    Asian              Black

Please list skin care products and cosmetics you currently use:

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Do these include Glycolic Acid, Salicylic Acid or Retin – A                      Yes    No

**Skin Type:** (when exposed to the sun **without protection** for about 1 hour)

1. Always burn, never tan
2. Always burn, sometimes tan
3. Sometimes burn, sometimes tan
4. Always Tan
5. Hispanic, Asian, Mediterranean, Middle Eastern
6. African-American

When were you last exposed to the sun, including a tanning booth?

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Do you use chemical or sun-less tanning lotions?                      Yes    No

Are you planning a holiday in the sun?                      Yes    No

Please list other conditions or concerns: \_\_\_\_\_



## Acknowledgement of Receipt of Privacy

Your privacy is important to us. We create information about you so we may provide you with quality care. We are committed to protecting this information. The Notice of Privacy Practices describes your rights with regard to your health information. This is a summary of the more detailed information contained in our Notice of Privacy Practices.

Your rights include:

- A right to inspect and copy your medical information
- A right to amend your health information
- A right to request restrictions on what information we use or how we disclose your health information
- A right to receive an accounting of certain disclosures we have made of your health information
- A right to receive a paper copy of our Notice of Privacy Practices

These rights do have special restrictions, so it is important that you read the full Notice.

We may use your health information and/or records to:

- Plan for your care
- Help your health care providers communicate and work together to care for you
- Submit bills to pay for your care
- Help health care payers make sure services were actually provided
- Help improve the quality of health care. For example, after your visit we may contact you to see how you are doing and find out how you felt about our service
- Disclose information to certain officials or organizations where we may, or are required to do so by law

I have received or I have been provided the opportunity to receive a copy of the "Notice of Privacy Practices" that explains when, and why my confidential health information may be used or shared. I acknowledge that Ohio Sinus Institute physicians and other Ohio Facial Plastics staff may use and share my confidential health information with others in order to arrange for payment of my bill and for issues that concern Ohio Sinus Institute operations and responsibilities.

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Date	Patient Name	Signature of Patient/Responsible Party
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Signature of staff member delivering notice: \_\_\_\_\_

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Attempt to Deliver Notice of Privacy Practices:

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Patient Name	Date
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However, delivery could not be made because:

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Signature of Practice Employee	Title	Date
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Sumit Bapna, M.D.

## Patient Photographic Consent and Release

I \_\_\_\_\_ consent to the taking of photographs by Dr. Bapna, or his designee, of me or parts of my body in connection with plastic surgery or skin procedures to be performed for medical photo documentation and communication within our practice.

### AND

\_\_\_ I **DO** give permission \_\_\_ I **DO NOT** give permission that such photographs may be published in any print, visual or the internet, specifically including, but not limited to, medical journals, textbooks, practice website and social media channels, for the purpose of informing the medical profession or the general public about plastic surgery methods.

Neither I, nor any member of my family will be identified by name in any publication. I understand in some circumstances the photographs may portray features, which shall make my identity recognizable.

I release and discharge Dr. Bapna and associates and all parties acting under the license and authority from all rights from that I may have in the photographs and from any claim that may have relating to such use in a publication, including any claim for payment in connection with distribution or publication of the photographs.

I grant this consent as a voluntary contribution in the interest of public education and certify that I have read the above Consent and Release and full understand its terms

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness/Physician

\_\_\_\_\_  
Date

I have read the above Consent and Release. I am a parent, guardian or conservator of \_\_\_\_\_, a minor. I am authorized to sign this consent on her/her behalf and grant this consent as a voluntary contribution in the interest of the public.

\_\_\_\_\_  
Parent/ Guardian Signature

\_\_\_\_\_  
Date